

Covid19 Health and Wellness Policy and Understanding for Families

The Covid19 public health emergency is rapidly changing, and our ability to remain open may change without notice. Additionally, due to the need for staff to also stay home when symptomatic, we may have temporary interruptions to service delivery due to staffing shortages.

Tree of Life Playschool will consider reducing services for essential service workers only, and perhaps closing for an undetermined amount of time, if there is an outbreak of Covid19 on Vancouver Island and/or if BC is asked to re-enter phase one of the Pandemic response.

It is highly recommended that if you are able you should get vaccinated to help prevent the spread of Covid 19. Covid19 Health and Wellness Policy applies to all parents, staff and children within this facility.

If your child is feeling unwell in any way please keep them home.

On arrival, staff will review the health of the child with the parent, **before** the child enters the facility. If the child has any symptoms, they must return home as per the health policy.

Parents will additionally be asked each morning, “How is everyone feeling in your household today?” confirming that their child is symptom free as well as others in your household, and we will also ask if their child has been given acetaminophen or ibuprofen in the last 12 hours. We will make note of this on our sign in sheet each day.

If your child has any of these symptoms (cough, temperature, shortness of breath, sore throat, runny nose, nasal congestion, headache, generally feeling unwell, stomach-ache, diarrhea, rash, tired, irritable or loss of appetite) refer to the guidelines below to determine the action require to return to Tree of Life Nature Playschool.

It is recommended to use the BCCDC **Self Assessment Tool** for your family members and your child/ren <https://bc.thrive.health/covid19/en> and you will find **testing information** here <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/testing>

Symptom	May return when
Fever of any of any degree	Refer to current CDC guidelines

Runny nose (we understand that this may be allergies in which case we will ask that you keep your child home to make sure these symptoms do not worsen. If they are “regular symptoms of allergies pertaining to your child they may return after 48 hours”	Refer to current CDC guidelines
Cough	Refer to current CDC guidelines
Sore throat	Refer to current CDC guidelines
Difficulty breathing or wheezing	Refer to current CDC guidelines
Unexplained fatigue, aches or cold/flu-like symptoms	Refer to current CDC guidelines
Sinus congestion	Refer to current CDC guidelines
Children who have, or children with others living in the same home who have just returned from international travel	Refer to current CDC guidelines
Children who have, or children with others living in the same home who have been identified as at-risk of potential Covid19 exposure	Refer to current CDC guidelines
Generally feeling unwell, stomach-ache, diarrhea, nausea rash, tired, irritable or loss of appetite.	Refer to current CDC guidelines

(Reference: Health Authority memo; COVID19 in childcare)

Additionally, our regular Health and Wellness Policy stands.

Children may not attend child care programs while they have any of the following symptoms and must be symptom free for 48 hrs:

- unusual, unexplained loss of appetite, fatigue, irritability, or headache
- eye infections
- unexplained rashes or any rash that is not confirmed by doctor to be non-contagious
- known or suspected communicable diseases (measles, chicken pox, pink eye, hand foot and mouth etc)
- an ear infection
- nausea, vomiting and/or diarrhea
- in addition if your child has a poor nights sleep we highly recommend that you keep them home and watch for any of the above symptoms for 24hrs.

I will report to Tree of Life Nature Playschool, even after hours, if:

- my child or anyone in our family is ill (includes extended family)
- child has been around anyone suspected of having Covid
- family member has visited a location in Canada where they have high cases of Covid or a work site with an outbreak
- if child has close contact with someone that has been out of country
- if child has close contact with someone who recently travelled by air
- if child has close contact with someone who recently participated in large group gatherings

After reading please sign “Parent Confirmation of Child Wellness and Understanding of Policies” form.